

# GLAMOUR



Subscribe | **DOS & DON'TS** | Health | Fashion & Beauty News | Sex & Men | **30-DAY makeover** | Body by Glamour | JUMP TO ▾

Welcome to Glamour.com

in | Register

E-MAIL PRINT

## 31 days of giving back

At this time of year, we all want to be generous often it's hard to know where to start. So here are 31 goodwill ideas, one for each day of December. Choose one (choose five!) and feel the good vibes start.

1. Buy a holiday turkey for a family in Baton Rouge (home to thousands of Hurricane Katrina evacuees) for \$25 at [brfoodbank.org](http://brfoodbank.org).
2. Offer snow-shoveling services to an elderly neighbor. Excellent exercise, and there

— but

### Holiday Style

Where to get a head-to-toe party ensemble on a real girl's budget!

### Women of the Year

From the red-carpet glamour to the inspiring winners' speeches, get an inside look at our star-studded gala.

### Global Diary

Get a sneak peek inside Mariane Pearl's limited-edition book and find out how you can get your own copy.

### What's your debt IQ?

Learn the truth about your spending habits with this quiz.

### Are you normal?

How do your habits stack up when compared with other Glamour readers? Take these quizzes to find out.

### Get happy!

Nine ways to improve your karma

Submit a pic of your best-ever New Year's celebration and you could be in a future issue!

Just saw a Do or a Don't walking down the street? Take a picture and post it here.

### Glamour Blog

Storked!

Slaves to Fashion

Shop for the hottest, must-have items at CHEVY MALIBU SHOPS

Direct to You  
Exclusive shopping opportunities from Condé Nast Publications

Join Our Exclusive Online Club  
**glamspotters**  
WHERE FASHION & BEAUTY RULE

**DOS & DON'TS BOOK** Foolproof advice on what to wear—and what not to. Order your copy now!

**glamalert**  
stop, shop & go

**GLAMOUR** It's FREE  
**30-DAY makeover**

you.

3. Support the troops with warm socks, deodorant, Cheez-Its: Find their wish lists at [anysoldier.com](http://anysoldier.com).
4. Donate new blankets to kids in homeless shelters at [projectnightnight.org](http://projectnightnight.org).
5. Buy funky gifts at thrift shops that give back, such as Out of the Closet: sales help support the AIDS Healthcare Foundation. For locations, see [outofthecloset.org](http://outofthecloset.org).
6. Before you shop online, go to [goodshop.com](http://goodshop.com). Then buy from participating retailers and the site donates a portion of your purchase to the charity of your choice.
7. Give manicures at a local nursing home.
8. Spend an hour or two a week helping an immigrant learn English (check out [literacyvolunteers.org](http://literacyvolunteers.org)).
9. Help protect half an acre of rain forest in South and Central America with a \$25 donation at [rainforestalliance.org](http://rainforestalliance.org).
10. Donate old cell phones to victims of domestic violence for emergencies (go to [ncadv.org](http://ncadv.org) and click "donate").
11. Vaccinate 50 people around the world against deadly diseases such as meningitis, measles or polio with a \$50 donation at [doctorswithoutborders.org](http://doctorswithoutborders.org).
12. Provide a month of care for a woman or child rescued from sexual slavery for just \$30 at [sharedhope.org](http://sharedhope.org).



Man Needs Date

The Girls in the Beauty Department

Sunny's Shape-up Blog

Suze on Style

Life with Cancer

Did You Hear?

**Newsletter Signup**

Glamourgram

Get monthly tips and links to our latest sweepstakes  
See a sample

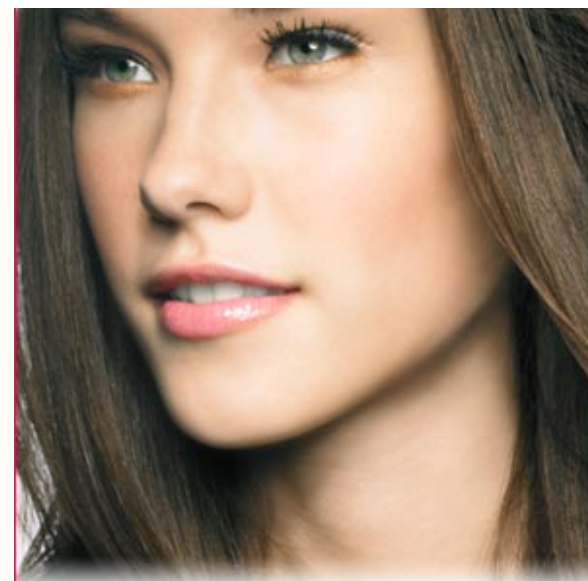
**Inside Glamour**

Looking for an online story mentioned in the latest issue? Find it here!

**Talk To Us**

Got a Q?

Let us know what's on your mind. Contact us right here.



You'll get: ✓ Flatter Abs

✓ Glossier Hair

✓ More Energy

And so much more...

.....  
*PLUS, you'll be entered to  
win a Spa trip for two!*

**CLICK HERE NOW - IT'S FREE!**

13. Get friends involved. To find group volunteer projects, go to [thevolunteerfamily.com](http://thevolunteerfamily.com).
14. Clean out your closet! Then donate old glasses ([neweyesforheneedy.org](http://neweyesforheneedy.org)), shoes ([shareyoursoles.org](http://shareyoursoles.org)) and even wedding gowns ([makingmemories.org](http://makingmemories.org)).
15. Go to [glamour.com/woty](http://glamour.com/woty) to get inspired by our 2007 Women of the Year winners and to support their charities.
16. Find projects that help people in your very own zip code at [dosomething.org](http://dosomething.org).
17. Make a \$10 donation to [freethechildren.org](http://freethechildren.org) and a special matching-funds program will turn it into \$100 worth of medical supplies for kids around the world.
18. Mentor an at-risk teen online at [icouldbe.org](http://icouldbe.org).
19. Volunteer—inside or out—at a national park ([nps.gov](http://nps.gov)).
20. Play the Mozart concerto you've (almost) mastered for seniors. For local programs, see [volunteermatch.org](http://volunteermatch.org).
21. Help an aspiring student pay for college at [scholarshipamerica.org](http://scholarshipamerica.org).
22. Send a DVD or video game to hospital-bound kids via [childsplaycharity.org](http://childsplaycharity.org).
23. Staying home for the holidays? Donate frequent-flier miles to injured soldiers' families at [heromiles.org](http://heromiles.org).
24. Tutor a future J.K. Rowling at [826national.org](http://826national.org).
25. Look at your medical history, then donate to a cause that could help your loved ones, be it the American Heart Association ([americanheart.org](http://americanheart.org)), Susan

G. Komen for the Cure ([komen.org](http://komen.org)) or another charity.

26. Loan money to a budding entrepreneur in the developing world at [kiva.org](http://kiva.org).

27. Train your pooch to be a therapy dog for nursing homes and hospitals at [tdi-dog.org](http://tdi-dog.org).

28. Sell gifts you don't need through eBay's Giving Works program ([givingworks.ebay.com](http://givingworks.ebay.com)), which earmarks a percentage of sales for the charities of your choice.

29. Give to [donorschoose.org](http://donorschoose.org); a small donation can help create cozy reading nooks for underfunded classrooms.

30. Upgrade your laptop; [worldcomputerexchange.org](http://worldcomputerexchange.org) will send your old one to a child in one of 61 countries.

31. Give blood (to find out where, go to [givelife.org](http://givelife.org)). What better reason to stop and lie down for 10 minutes?



Photo: AP Images/M. Spencer Green

[Site Map](#) | [Newsletter](#) | [Subscription Services](#)  
[Media Kit](#) | [Reprints/Permissions](#) | [Careers](#)

visit our sister sites

[Concierge](#) / [Epicurious](#) / [Men.Style.com](#) / [Style.com](#) / [Flip.com](#) / [Wired.com](#) / [Lipstick.com](#)  
[NutritionData](#) / [YM](#) / [Allure](#) / [Architectural Digest](#) / [Brides](#) / [Condé Nast Portfolio](#) / [Cookie](#)  
[Domino](#) / [Glamour](#) / [Golf Digest](#) / [Golf for Women](#) / [Golf World](#) / [House & Garden](#)  
[Lucky](#) / [Men's Vogue](#) / [Self](#) / [Teen Vogue](#) / [The New Yorker](#) / [Vanity Fair](#)

Copyright © 2007 CondéNet. All rights reserved.  
Use of this Site constitutes acceptance of our [User Agreement](#) and [Privacy Policy](#).

